

Catering for 12

Here's the food and recipes we used for catering fully for 13 people for 6 nights-breakfast, lunch and dinner. Serves 8-9 meaties and 4-5 vegetarians. Veggie option on the right. Quantities were about spot-on. Shopping list also includes stuff to make a packed lunch for everyone.

Risotto

2kg	risotto rice
4	vegetable stock cubes (4 pints stock)
1 head	celery
4	onions
0.5kg	cheese
1kg	ham for non-veggie risotto
1kg	parsnips, cubed or shaved with a peeler
1 head	garlic
150g	butter
2	lemons
1 bottle	white wine
2 tbsp	vegetable oil

Fry off the onions, celery and garlic in the oil. In a separate pan, make up the stock. When the onions are clear, add the risotto rice and cook until slightly clear. Add the white wine. Then add the stock ladle by ladle, letting the rice absorb each ladle full before adding the next. Fry off the parsnip bits in a little butter in another pan. Lob in the lemon juice, butter and ham (for the meaties). Stir and dish up with grated cheese.

Spag bol

1.8kg	minced beef	0.6kg	veggie mince
3	onions	2	onions
3	tins toms	2	tins toms
$\frac{3}{4}$	tube tom puree	$\frac{1}{4}$	tube tom puree
$\frac{3}{4}$	head garlic	$\frac{1}{4}$	head garlic
1	tbsp Italian herbs	$\frac{1}{3}$	tbsp Italian herbs
2kg	spaghetti		
0.5kg	cheese		

Curry

2kg	chicken	500g	spinach
$\frac{3}{4}$ pack	chillies	$\frac{1}{4}$ pack	chillies
3	onions	1	onion
$\frac{3}{4}$ pot	curry powder	$\frac{1}{4}$ pot	curry powder
5	peppers	4	peppers
2	stock cubes	1	stock cubes
3	tins toms	2	tins toms
		2 tins	carneoli beans
		1kg	spuds

1.6kg basmati rice

1 bunch fresh coriander (to serve)

Shepherds pie

3kg	spuds	1kg	spuds
$\frac{3}{4}$ pack	butter	$\frac{1}{4}$ pack	butter
1.8kg	minced beef	0.6kg	veggie mince
3	stock cubes	1	stock cube
6	tomatoes	2	tomatoes
750g	leeks	250g	leeks
750g	peas	250g	peas
1100g	carrots	900g	carrots
3	onions	2	onions

0.5kg cheese

Chilli

3 cans	toms	1 can	toms
3 cans	kidney beans	1 can	kidney beans
1.8kg	minced beef	0.6kg	veggie mince
3	onions	2	onions
$\frac{3}{4}$ head	garlic	$\frac{1}{4}$ head	garlic
$\frac{3}{4}$ tube	tom puree	$\frac{1}{4}$ tube	tom puree
$\frac{3}{4}$ pack	chillies	$\frac{1}{4}$ pack	chillies
1 tbsp	chilli powder	$\frac{1}{2}$ tbsp	chilli powder

1.6kg basmati rice

Tuna pasta bake / catch of the day bake / veggie pasta bake

1.5kg	fusilli pasta
4	jars Homepride pasta bake stuff
Some	Seafood!
0.5kg	cheese
4	peppers
3	onions
1kg	mushrooms

Shopping list

Qty	Unit	Description
1	Bottle	Washing up liquid
12	0.5L bottles	Water
1	Litre	Orange squash
1	Litre	Lemon squash
1	Litre	Vegetable oil
1	Bottle	Salt
1	Tub	Pepper
1	Large bottle	Tomato sauce
1	Med bottle	Brown sauce
2	Kg	Aborio risotto rice
20		Veg stock cubes
1	Head	Celery
5	Kg	Onions
6.5	Kg	Cheddar cheese
4	Kg	Ham
1	Kg	Parsnips
3	Heads	Garlic
2	Kg	Veggie mince
17	Tins	Chopped tomatoes
3	Tubes	Tomato puree
1	Pot	Italian herbs
2	Kg	Spaghetti
2	Kg	Chicken breasts
2	Packs	Fresh chillies
4	Kg	Rice
1	Pot	Curry powder
9		Peppers
12	Kg	Spuds
0.5	Kg	Spinach
2	Tins	Carneloni beans
2	Block	Butter
6	Kg	Minced beef
16		Tomatoes
2	Kg	Carrots
1	Kg	Leeks
1	Kg	Frozen peas
4	Tins	Red kidney beans
1	Jar	Chilli powder
5	Tins	Tuna
3	Tins	Campbells concentrated mushroom soup
2		Lemons
1.5	Kg	Fusilli pasta
4		Jars Homepride pasta bake stuff
1	Box	Cornflakes
13	Loaves	Longlife bread
12	Pints	Milk (buy another 6 more on site)
1	Kg	Sugar
1	Kg	Bread spread (Olivio or something)
2	Jars	Pickle
72	Packets	Crisps, assorted
72		Chocolate/lunch bars
1	Roll	Clingfilm
12		Tupperware lunch boxes
3		Tupperware storage boxes
40		Teabags
1		Jar instant coffee